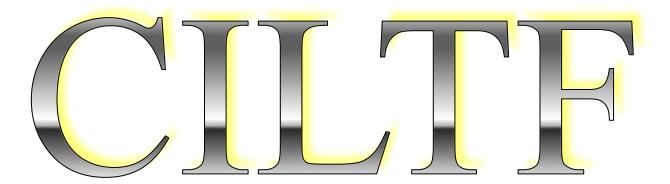
# C.I.L.T.F. Course Catalog & Apprenticeship Program



## Construction Industry Laborers Training Fund

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### **CONSTRUCTION TRAINING PROGRAMS**

### **ABOVE GROUND DRILLING**

Objective The Above Ground Drilling course introduces trainees to the unique working environment of aboveground drilling by providing classroom instruction along with intensive, performance-based, hands-on training. The care and use of tools and equipment are presented, as well as drilling techniques. Basic information about rocks and their composition and characteristics are introduced because drillers must know how geology affects drilling process. The personal safety of CCLs working on a drilling site is reviewed in depth. Site safety, hazard communication, health hazards, personal protective equipment, and working around explosives are also covered.

**Topics Covered** Introduction to Drilling

Safety and Health Jackhammers Compressors

**Drilling Patterns and Layout** 

**Drilling Operations** 

Maintenance Air Compressors

**Hazard Communication** 

**Length of Course** 40 hours

**Training Materials** Manuals/Workbooks/Equipment

Above Ground Drilling Manual, drill, compressor, jackhammer

<u>Certificate of Completion</u> The trainee will receive a certificate of completion and wallet card of

completion upon successful course completion.

### ASPHALT WORKER

Objective The Asphalt Worker course provides hands-on training in the placement, spreading, raking, and compaction of asphalt materials. Also covered are safety issues when working with asphalt, such as burns, fumes and chemicals, and heat stress. Trainees are introduced to the properties, uses and mix designs of asphalt and the equipment used in paving operations. Placing methods are discussed in detail, as well as repair and patching, and cleanup and maintenance.

**Topics Covered** Asphalt Safety

**Asphalt Basics** 

Calculations & Estimating Placing & Paving Methods Repairing and Patching

Electronic Grade & Slope Control

Cleanup and Maintenance

**Length of Course** 40 Hours

**Training Materials** Manuals/Workbooks

Asphalt Raking Worker Manual

Hazard Communication Worker Manual Hazard Communication Workbook Slides/PowerPoint presentation

**Hazard Communications** 

**Videos** 

Material Safety Data Sheets in Review Rolling and Compaction of Asphalt

**Understanding Labels** 

**Understanding Material Safety Data Sheets** 

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### **BRIDGE CONSTRUCTION, RENOVATION, & DEMOLITION**

Objective The Bridge Construction, Renovation, and Demolition program explores the many topics CCLs must know in order to work safely and productively on bridge construction, renovation, and demolition projects. An overview of work procedures, the hazards encountered, and personal protective equipment is covered.

**Topics Covered** Personal Protective Equipment

**Electrical Safety** 

**Excavation Safety** 

**Hazard Communication** 

**Confined Spaces** 

Lead Awareness

Silica Awareness

Rigging and Signaling

**Elevated Work Platforms** 

**Fall Protection** 

Hand and Power Tools

Oxyacetylene Torch Cutting

**Length of Course** 40 Hours

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### **CONSTRUCTION PLAN READING**

<u>Objective</u> The basic Construction Plan Reading course is specifically designed for trainees who want to develop their plan reading skills. This course is taken in a structured classroom environment. Also available is Basic Highway Plan reading or Basic Building Plan Reading.

**Topics Covered** Fourteen question and answer booklets cover different types of drawings such

as: Civil Drawings

Architectural Drawings Structural Drawings Mechanical Drawings Electrical Drawings

Typical Views Plan & Profiles Cross Sections

**<u>Length of Course</u>** 40 Hours

**Training Materials** Manuals/Workbooks

Construction Plan Reading Question and Answer Booklet

Various Construction Plans

Rulers and Scales Specification books

**Certificate of Completion** 

The trainee will receive a certificate and wallet card of completion upon successful course completion.

### **CONCRETE PRACTICES AND PROCEDURES.**

Objective The Concrete Practices and Procedures course prepares the trainee to work in this potentially hazardous field. Safety issues are covered in depth as well as other job safety concerns such as trenching, formwork, and construction safety awareness. Through instructor-led and hands-on training, the student becomes familiar with construction math and measurements, project planning, and site preparation. Other topics important to a concrete worker, such as forming, placing, finishing, and sawing are also covered.

**Topics Covered** Safety

Construction Math and Measurements
Project Planning
Site Preparation
Forming for Placement
Placement and Consolidation
Finishing and Curing
Stripping and Cleanup
Congrete Admirtures

Concrete Admixtures Sawing Concrete Concrete Repair



**<u>Length of Course</u>** 80 Hours

**Training Materials** Manuals/Workbooks

Concrete Practices and Procedures Worker Manual

Hazard Communication Worker Manual Hazard Communication Workbook

Slides

**Hazard Communication** 

**Videos** 

Basic Principles Used in the Transfer of Grade points

Concrete Saws (TIPS # 6) Concrete Vibration (TIPS # 4) Finishing Concrete Flatwork

Material Safety Data Sheets in Review Soils and Compaction (TIPS # 8)

The Winning Tickets: Housekeeping on the jobsite

**Understanding Labels** 

Understanding Material Safety Data Sheets

Working at heights safely

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### **CRAFT ORIENTATION**

<u>Objective</u> The **Craft Orientation** course introduces new members, trainees, and / or apprentices to the wide range of jobs that are available in the building, heavy and highway, utility, and environmental construction fields. Job descriptions are presented to help new CCLs choose a career path.

**Topics Covered** Apprenticeship Orientation

**OSHA** 

**CPR-First Aid** 

Standard Squaring & Measuring

**<u>Length of Course</u>** 40 Hours

**Training Materials** Manuals/Workbooks

Craft Orientation Worker Manual

**Videos** 





A Foundation for Success Construction Skills Training Making it Work NBC Nightly News Responding to the Need We Are the Laborers

**Certificate of Completion** 

The trainee will receive a certificate of completion upon successful course completion.

### **GENERAL CONSTRUCTION**

<u>Objective</u> The General Construction course provides trainees with fundamental construction information, covering four major categories;

- Building Construction and reconstruction on residential and commercial buildings
- **Heavy Highway** Construction and reconstruction on major and secondary highways, subdivision streets, bridges, tunnels, and airfields
- **Utilities** Construction and reconstruction of underground utilities and piping systems such as petroleum, water, sewer, telephone, electric, and natural gas distribution and collection systems
- **Environmental** Construction and reconstruction associated with hazardous waste removal, asbestos and lead abatement, and nuclear remediation

**Hearing Protection Topics Covered** 

Materials Identification

Hand Tools and Power Tools

Compaction

Signaling and Rigging

Hand Signaling

Traffic Control Technician







**Length of Course** 40 Hours

**Training Materials** 

Manuals/Workbooks

General Construction Worker Manual

Hazard Communication Worker Manual; Hazard Communication Workbook

### Slides/PowerPoint

**Hazard Communication** 

Videos - A foundation for Success; Basic principles Used in the Transfer of Grade Points; Clearing the Air; Confined Space Entry; Heightened Awareness; making it Work; Material Safety Data Sheets in Review; Responding to the need; Site Safety Planning for Excavation Projects; Success at the Top; Understanding Labels; Understanding material Safety Data Sheets; Working at heights safely; **Tips Videos** - #1 The 90-pound pavement Breaker; #2 -Compressor Operation, Maintenance, and Safety; #3 - Small Gas Engines; #4 -Concrete Vibration; # 5 -Portable All-purpose Saws; #8 - Soils and Compaction; #9 - Chipping Guns and Grinders; #10 - Oxy-acetylene Cutting; #12 - Safe Chainsaw Operation and Maintenance; #15 - The Mechanics of Lifting, Prying, and Moving Objects; #18 - The Jackhammer

**Certificate of Completion** 

The trainee will receive a certificate and wallet card of completion upon successful course completion.

<u>Objective</u> The **Hand Signaling** course meets the OSHA Guidelines for signaling various types of material handling equipment. Knowledge of these regulations, as well as an in depth understanding of equipment, work procedures, techniques, and safety considerations are essential for CCLs to function in a zero-accident environment. This course addresses training and certification requirements for signalers. The course combines classroom instruction with hands -on exercises to ensure the training has the opportunity to practice new skills.

**Topics Covered** Hoisting, Rigging & Crane Safety

Rigging Hardware & Slings

Signaling

**<u>Length of Course</u>** 10 Hours

<u>Training Materials</u> Manuals/Workbooks/Equipment

Hoisting and Rigging Worker Manual Bob's Rigging and Crane Handbook

Various slings and Rigging Hardware, Dynafor, various objects for weight

estimating and rigging/lifting

**Videos** 

Hazard Awareness in Crane Operating Areas

Hardware Slings Chains Hand signals

<u>Certificate of Completion</u> The Trainee will receive a certificate and wallet card of completion upon

successful course completion.

### **HIGHWAY WORK ZONE SAFETY**

<u>Objective</u> The **Highway Work Zone Safety** course teaches trainees about work practices and procedures in the work zone as well "behind the barrel." The

model to simulate scenarios for hands-on training.

**Topics Covered** Flagger Safety

Traffic Control

Personal Protective Equipment

Environmental Hazards Hazard Communication

Work Processes Work Site Safety

Hand and Power Tools

Communication

**<u>Length of Course</u>** 40 Hours

8 Hours for Traffic Control Technician

**Training Materials** Manuals/Workbooks

Highway Work Zone Safety Manual

**Videos** 

Flagging Operation

Roadway Maintenance Operation

Traffic Control Devices Traffic Control Zones Safety Awareness Cone Wheel

Time Lapses

Blind Spots Can Kill

Stayin' Alive in Work Zones Watchdog Intrusion Alarm

<u>Certificate of Completion</u> The Trainee will receive a certificate of completion upon successful course completion.



**HOISTING AND RIGGING** 







Objective The Hoisting and Rigging course is regulated by federal, State, and equipment manufacturers' standards. Knowledge of these regulations, as well as an in depth understanding of equipment, work procedures, techniques, and safety considerations are essential fro CCLs to function in a zero-accident environment. This course addresses training and certification requirements for riggers and signalers. The course combines classroom instruction with hands -on exercises to ensure the training has the opportunity to practice new skills.

**Topics Covered** Introduction to Hoisting and Rigging and Crane Safety

Basic & Advanced Math for Hoisting & Rigging

Signaling

Knots, Hitches, and Bends

Determining the Weights of Loads

Rigging Hardware

Slings

**<u>Length of Course</u>** 40 hours

**Training Materials** Manuals/Workbooks/Equipment

Hoisting and Rigging Worker Manual Bob's Rigging and Crane Handbook

Various slings and Rigging Hardware, Dynafor, various objects for weight

estimating and rigging/lifting

**Videos** 

Hazard Awareness in Crane Operating Areas

Hardware Slings Chains Hand signals

Hand Signal

**Certificate of Completion** 

The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### **LINE AND GRADE: Highway Grade Checking**

<u>Objective</u> The Line and Grade: Highway Grade Checking course provides the necessary skills for maintaining elevation and alignment control points for heavy and civil construction projects.

**Topics Covered** Measurement Systems

Construction Line

Measurement Techniques and Equipment

Views

Stationing Systems
Slope Expressions

Construction Referencing Systems Roadway Slopes (Heavy Highway)

Intermediate Slope Stakes

Roadway matrix

Curb and Gutter Systems Quantity Calculations

**<u>Length of Course</u>** 40 Hours

**Training Materials** Manuals/Workbooks/Equipment

Line and Grade Worker Manual Levels, Transits, Eye Levels Various Measuring Instruments

String Line

Various Hand tools

Videos

Basic Principles Used in the Transfer of Grade points

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### **MASON TENDING**

Objective The Mason Tending program provides instruction on the mason tender's duties, proper job task performance, and details health and safety issues associated with mason tending. Participants use mathematical and scientific concepts to achieve an understanding of working with masonry units, mortars, and admixtures. In addition, the fundamentals of cutting and cleaning masonry, tending plasterers, and operating a rough terrain forklift are also covered. The program emphasizes the need for executing each job task safely and correctly. Knowledge of basic construction math is required for participants in this program. Task performance, and details health and safety issues associated with mason tending. Participants use mathematical and scientific concepts to achieve an understanding of working with masonry units, mortars, and admixtures. In addition, the fundamentals of cutting and cleaning masonry, tending plasterers, and operating a rough terrain forklift are also covered. The program emphasizes the need for executing each job task safely and correctly. Knowledge of basic construction math is required for participants in this program.

**Topics Covered:** Safety for Mason Tenders

**Stocking Masonry Materials** 

**Estimating Masonry Materials** 

Mortar, Admixtures, and Grout

Reinforced Masonry Construction

**Bracing Masonry Walls** 

Cleaning Masonry Construction

The Effects of Weather on Masonry

Plaster Tending and Mixing

Masonry Saws

Rough Terrain Forklift – Safe Use and Operation

**Length of Course** 40 Hours

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon successful course completion.

### METRIC MEASUREMENT IN CONSTRUCTION

Objective The Metric Measurement in Construction course was developed as a result of the U.S. federal highway Administration's plans to build all roads and highways using metric units of measure beginning in October 1998. The course is designed to introduce both experienced CCLs and new entrants to the metric system. During this presentation, trainees practice real-world measuring techniques in practical situations.

**Topics Covered** Estimating

Measurement Volumes

Blueprints and Work Site Practice

**<u>Length of Course</u>** 16 Hours

**Training Materials** Manuals/Workbooks

Metric Measurement in Construction Worker Manual

Various Measuring Devices

**Videos** 

Introduction to Metric Measurement

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### **PIPELINE SAFETY**

<u>Objective</u> The **Pipeline Safety** course provides trainees with information regarding safe practices and procedures during pipeline construction

**Topics Covered** Setting up the Warehouse

Fence Gang

Right of Way Crew Ditch and Grade Crews

Stringing and Tallying Pipe and Stringing Skids

Road Boring

Set-up and Bending Crew

Doping Crew

Lowering-in and Tie-ins Cleanup and Testing

Cleanup Crew River Crossings

Setting Up the Water Push

Fabrication Yard River Weights Pipe Coating

Concreting Pipe in the Field

**Straw Bosses** 

**<u>Length of Course</u>** 40 Hours

**Training Materials** Manuals/Workbooks

Pipeline Safety Worker Manual

Various Hands-on Materials, Tools and Equipment

Videos

Various Supporting Videos

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### **Rough Terrain Forklift**

<u>Objective</u> The **Rough Terrain Forklift** course teaches the trainee safe operation, from inspections, maintenance, operation, job site conditions and hazards. Reading and interpreting load charts are stressed to each trainee.

**Topics Covered** Maneuvering Skills

Leverage, Center of Gravity, & Momentum

Job Site Conditions

Loads: Transporting, Picking Up, & Landing.

Inspection & Maintenance

**<u>Length of Course</u>** 40 Hours (approximately)

**Training Materials** Manuals/Workbooks

LIUNA Rough Terrain Forklift

Videos

Operating a Rough Terrain Forklift

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

course completion.

### **SCAFFOLD WORKER/USER**

<u>Objective</u> The **Scaffold Worker/User** Course fulfills all OSHA scaffold training requirements for 29 CFR 1926.454. The comprehensive course includes use of a specialized pre-built scaffold system designed for inspection, participant discussion, and interactive exercises.

**Topics Covered** Introduction to Scaffolds

Summary of OSHA Standards General Ladder Requirements

Fall Protection for General Construction

Electrical

Loading Scaffolds

**<u>Length of Course</u>** 8 Hours

**Training Materials** Manuals/Workbooks

Working Safely on Scaffolds Scaffold User Pocket Guide

**Videos** 

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### SCAFFOLD BUILDER

**Objective** The Scaffold Builder course builds on the Scaffold Worker/User course, but adds an indepth look at the Scaffold systems that are available. The course fulfills all OSHA scaffold training requirements for 29 CFR 1926.454. The comprehensive course includes use of a specialized pre-built scaffold system designed for inspection, participant discussion, and interactive exercises.

**Topics Covered** Introduction to Scaffolds

> Summary of OSHA Standards General Ladder Requirements

Fall Protection for General Construction

Electrical

Loading Scaffolds Tube and Clamp Suspension Frame and Brace Adjustable Masonry

**Length of Course** 40 Hours

**Training Materials** Manuals/Workbooks/Equipment

> **Building Secure Scaffolds** Scaffold User Pocket Guide Walk Through Frames

Box frames

Tube and Clamp Morgan Tower System Scaffolds **Videos** 

Viuco

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### **Total Stations & G.P.S.**

<u>Objective</u> The **Total Station & G.P.S.** course provides the necessary skills for maintaining elevation and alignment control points for heavy and civil construction projects, using either a Total Station or G.P.S.

**Topics Covered** Northing & Easting

Data Collectors Layout Procedures Managing Job Files

**Communication Parameters** 

Stakeout Points

Replacing Lost Hubs Carlson SurvCE Roads

**Length of Course** 40 Hours

**Training Materials** Manuals/Workbooks/Equipment

Total Station & G.P.S. Manual Lieka & Sokia Total Stations

Panasonic Data Collectors with Carlson SurvCE software

G.P.S. system with Rover & Base Station

Various Hand tools

Videos

Basic Principles Used in the Transfer of Grade points

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### TRENCH PROTECTION AND PRINCIPLES OF PIPE LAYING

<u>Objective</u> The Trench Protection and Principles of Pipe Laying course provides pipe laying principles and information on different kinds of piping systems. Trainees are also provided with hands -on exercises to build their pipe laying skills. This class is usually divided into two 40-hour classes: Pipe Laying with Laser & Pressure Pipe.

**Topics Covered** Trenching and shoring safety

Utility line and Grade Pressure piping techniques Gravity Flow Piping System

**<u>Length of Course</u>** 80 Hours

**Training Materials** Manuals/Workbooks

Trench Protection and Principles of Pipe Laying Worker Manual

Hazard Communication Worker Manual Hazard Communication Workbook

Slides/power Points

**Hazard Communication** 

**Videos** 

**Back Injury Prevention** 

Basic principles in the Transfer of Grade Points

Clearing the Air: Confined Space Entry General Techniques of Pipe Laying

Gravity Pipe Systems: Going with the Flow MSA Proper Care and Use of the 360/361 Material Safety Data Sheets in Review

Mueller (B100) Training

Nikon NE-20S

On Solid Ground: A plan for Safe Excavation and Trenching

Site Safety Planning for Excavation projects Spectra-Physics: Dial Grade Basic Training

Compressor: Operation, Maintenance, and Safety (TIPS #2)

Portable All Purpose Saws (TIPS #5)

**Understanding Labels** 

Understanding Material Safety Data Sheets

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

### UNDERGROUND STORAGE TANK REMOVAL

<u>Objective</u> The <u>Underground Storage Tank (UST) Removal</u> course is designed for CCLs involved in the cleanup of USTs. This course provides specific information on UST removal and closure. Emphasis is placed on the use of air monitoring instruments, bonding and grounding, purging and inerting, and confined space work practices.

**Topics Covered** Introduction to Underground Storage Tanks

Health Effects

Confined Space Entry

Health and Safety During Underground Storage Tank Removal

**Length of Course** 24 Hours

**Training Materials** Manuals/Workbooks

Underground Storage Tank Removal Manual

### **Videos**

Underground Storage Tanks: Safe Removal Procedures

<u>Certificate of Completion</u> The Trainee will receive a certificate of completion upon successful course completion.

### **Environmental Training Programs**

### ASBESTOS ABATEMENT WORKER INITAIL

<u>Objective</u> The **Asbestos Abatement Worker** course focuses on the hazards of asbestos, specific procedures used on the job, and the legal rights of CCLs. During this course, trainees have an opportunity to participate in group discussions and hands-on exercises.

**Topics Covered** Asbestos and Its Uses

Health Effects of Asbestos

Medical Monitoring and Surveillance

Legal Rights

Asbestos Abatement Equipment and Clothing

Safe Work Practices Engineering Controls General Site Safety

Recommended Practices for the Use of Negative Pressure Air Filtration Systems

Preparing the Work Area and Setting Up the Decontamination unit

**Asbestos Abatement Techniques** 

Air Monitoring

**Hazard Communication Regulations** 

**<u>Length of Course</u>** 40 Hours

**Training Materials** Manuals/Workbooks

Asbestos Abatement Worker Manual

**Videos** 

**Asbestos Abatement Work Practices** 

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion. Also eligible for State Asbestos Abatement

Licenses from Missouri and Kansas.

### <u>ASBESTOS ABATEMENT WORKER REFRESHER</u>

<u>Objective</u> The **Asbestos Abatement Worker Refresher** course is designed to meet the refresher course requirements of the EPA and state regulations. Trainees are presented with up-to-date information regarding new regulations, equipment, work procedures, and other related information.

**Topics Covered** Types of Asbestos

Health Effects of Asbestos

Legal Standards

Medical Surveillance Respiratory protection Work Process

**Length of Course** 8 Hours

**Training Materials** Manuals/Workbooks

Asbestos Abatement Worker Refresher Manual

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion. Also eligible for State Asbestos Abatement

Licenses from Missouri and Kansas.

### **ASBESTOS ABATEMENT SUPERVISOR INTITAIL**

Objective The Asbestos Abatement Supervisor course builds on the information provided in the 32-hour *Asbestos Abatement Worker* course. Emphasis is placed on enhancing leadership and communication skills.

**Topics Covered** Worker's Course Topics

Safety and Health Hazards (other than asbestos)

Contracts

Insurance and Liability

Respirators-legal Requirements Record keeping for Supervisors

Supervision Air Monitoring

**<u>Length of Course</u>** 40 Hours

**Training Materials** Manuals/Workbooks

Asbestos Abatement Supervisor manual

**Videos** 

**Asbestos Abatement Work Practices** 

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion. Also eligible for State Asbestos Abatement

Supervisor Licenses from Missouri and Kansas.

ASBESTOS ABATEMENT SUPERVISOR REFRESHER

<u>Objective</u> The **Asbestos Abatement Supervisor Refresher** course provides supervisors with important up-to-date information concerning new regulations and advancements in asbestos abatement technology.

**Topics Covered** Types of asbestos

Health Effects of Asbestos

Legal Standards Medical Surveillance Respirator Protection

**Work Practices** 

**Respirator Protection Programs** 

Record Keeping

Changes in Federal and State Regulations

New Techniques and Technologies

**<u>Length of Course</u>** 8 Hours

**Training Materials** Manuals/Workbooks

Asbestos Abatement Supervisor Refresher Manual

**Videos** 

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion. Also eligible for State Asbestos Abatement

Supervisor Licenses from Missouri and Kansas.

### **BASIC EMERGENCY RESPONSE AWARENESS**

Objective The Basic Emergency Response Awareness (BERA) program prepares CCLs to perform construction related work tasks associated with the recovery phase of natural and man-made disaster sites. Participants receive instruction on Weapons on Mass Destruction (WMD) and their associated health effects, PPE, and steps to take when reporting to a disaster site. In addition, participants are guided through the operations of the Incident Command System (ICS) used on disaster sites and are provided with critical incident awareness.

**Topics Covered:** Weapons of Mass Destruction, Health Effects, and PPE

**Emergency Preparedness** 

**Incident Command Systems** 

Critical Incident Stress Awareness

<u>Certificate of Completion</u> The trainee will receive a certification card in compliance with OSHA 29

CFR 1910.120 upon successful course completion.

### **HAZARDOUS WASTE WORKER**

<u>Objective</u> The **Hazardous Waste Worker** course meets all OSHA 29 CFR 1910.120 requirements and is mandatory for all CCLs involved in hazardous waste cleanup. This course doubles OSHA's 40-hour minimum training requirements due to extensive hands-on exercises and activities, classroom discussions, and demonstrations.

Topics Covered Hazard Recognition and Identification Health Effects

Hazard Communication Regulations Decontamination

Personal Protective Equipment
Workplace Monitoring
Health Plans
Superfund Community Relations
Legal Rights

Material Handling, Storage, and Transportation

**<u>Length of Course</u>** 80 Hours

**Training Materials** Manuals/Workbooks

Hazardous Waste Worker Manual

Slides

Hazardous Waste Worker

Videos

Basket Creek Site - Vapor Extraction

Breath of Air

Confined Space Disaster Confined Space Entry

Decontamination - The Right Moves Drum Site (Matthews, NC) - Staging Hazardous Waste Workers Legal Rights

**Heat Stress** 

Investigation and Cleanup of Wood - Treatment Sites

Material Safety Data Sheets in Review

Montana Post & Pole Groundwater Treatment Facility On Safe Ground: Hazardous Waste Worker Training

Overview of Superfund Sites

**Understanding Labels** 

Understanding Material Safety Data Sheets

Part 2 - Health Effects

<u>Certificate of Completion</u> The trainee will receive a certification card in compliance with OSHA 29

CFR 1910.120 upon successful course completion.

### **HAZARDOUS WASTE SUPERVISOR**

<u>Objective</u> The **Hazardous Waste Worker Supervisor** course builds on the information provided in the *Hazardous Waste Worker* course and provides Hazardous Waste supervisors with information on their responsibilities during abatement projects.

**Topics Covered** Leadership

Safety & Health Plans Quality Assurance

Emergency Response Plans Personnel Protective Equipment

Media Relations

Rights & Remedies – Supervisors' Issues

**<u>Length of Course</u>** 40 Hours

**Training Materials** Manuals/Workbooks

Hazardous Waste Supervisor Worker Manual

**Slides** 

Hazardous Waste Worker

<u>Certificate of Completion</u> The trainee will receive a certification card in compliance with OSHA 29

CFR 1910.120 upon successful course completion.

### **HAZARDOUS WASTE LIMITED ACCESS WORKER**

Objective The Hazardous Waste Limited Access Worker course meets the minimum requirements of OSHA 29 CFR 1910.120 for Laborers who regularly work in monitored & fully characterized areas & are unlikely to be exposed above permissible or published exposure limits. The course teaches trainees to recognize different types of hazards, such as chemical, biological, & physical as well as their health effects. Handling, sampling, & monitoring of hazardous wastes are covered in detail.

Topics Covered Hazard Recognition and Identification Health Effects

Hazard Communication Regulations Decontamination
Personal Protective Equipment Site Safety

Workplace Monitoring
Permit Required Confine Space
Health Plans
Legal Rights

Material Handling, Storage, and Transportation

**Length of Course** 24 Hours

Training Materials Manuals/Workbooks

Hazardous Waste Limited Access Worker Manual

**Videos** 

Basket Creek Site - Vapor Extraction

Breath of Air

Confined Space Disaster

Confined Space Entry

Decontamination - The Right Moves Drum Site (Matthews, NC) - Staging Hazardous Waste Workers Legal Rights

**Heat Stress** 

Investigation and Cleanup of Wood - Treatment Sites

Material Safety Data Sheets in Review

Montana Post & Pole Groundwater Treatment Facility On Safe Ground: Hazardous Waste Worker Training

Overview of Superfund Sites

**Understanding Labels** 

Understanding Material Safety Data Sheets

Part 2 - Health Effects

<u>Certificate of Completion</u> The trainee will receive a certification card upon successful course

completion.

### **HAZARDOUS WASTE WORKER REFRESHER**

Objective The Hazardous Waste Worker Refresher course meets the requirements of OSHA 29 CFR 1910.120, which requires CCLs certified through the Hazardous Waste Worker, Operations, and Limited Access courses to receive annual refresher training. The course reviews information provided in the 80-hour *Hazardous Waste Worker* course. In addition, new regulations, technologies, and advancements are covered. During this presentation, skilled hazardous waste workers have an opportunity to discuss their work experiences.

**Topics Covered** Hazard Recognition

**Hazard Communication** 

Health Effects

Personal Protective Equipment

Decontamination

Site Safety and Health Plan Material Handling and Sampling

Workplace Monitoring

Permit-required Confined Space

Soil and Groundwater Remediation Technologies

Legal Rights

**Length of Course** 8 Hours

**Training Materials** Manuals/Workbooks

Hazardous Waste Worker Refresher Manual

**Videos** 

**Certificate of Completion** 

The trainee will receive a certification card in compliance with OSHA 29 CFR 1910.120 upon successful course completion.

### **Infection Control During Hospital Renovation and Construction Awareness**

**Objective** 

The Infection Control During Hospital Renovation and Construction Awareness course teaches the trainee safe work practices, such as air handling units, barrier set up, & infection control and risk Assessment in hospital renovations. This class is intended for all laborers working in or around the hospital.

**Topics Covered** 

Provide background on hospital infections Discuss hazards posed by construction

Discuss the responsibilities of the hospital's infection control staff Show how risk assessment and infection control are determined

Provide procedures and controls to reduce hazards:

- -Work practices
- -Ventilation
- -Barriers

Hands-on experience in a mock healthcare environment with building barriers and controlling the environment with ventilation while performing required work practices.

**Length of Course** 8 Hours

**Training Materials** Manuals/Workbooks

Infection Control During Hospital Renovation

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful course completion.

### Infection Control During Hospital Renovation and Construction Worker

#### **Objective**

The Infection Control During Hospital Renovation and Construction Worker course teaches the trainee safe work practices, such as air handling units, barrier set up, & infection control and risk Assessment in hospital renovations. This class is intended for Laborers working directly in the hospital renovation.

<u>Topics Covered</u> By the end of this section, participants should be able to:

- List the four ways construction work is classified in an hospital (class A-D)
- Identify patient risk groups
- Describe the classes of precautions by construction project type and patient risk groups
- Describe what precautions must be taken during class I, Class II, Class III and Class IV work activities
- Describe what precautions must be taken after finishing Class I, Class II, Class III and Class IV work activities
- List six causes of indoor air pollution
- Identify and describe the ideal environment for mold growth

- Identify at least two common symptoms associated with mold exposure.
- Identify the routes of entry for fungi to enter the body
- List the three different control group classifications
- Understand the role of the hospital's Infection control administrator
- Describe at least three different types of engineering controls
- Describe the purpose of a negative pressure enclosure
- Define and explain the purpose of anterooms
- List at least three good work practices during Class II, III and IV work activities
- Understand the effect personal hygiene has on everybody in the hospital
- Describe the minimum amount of air changes per hour a negative pressure enclosure needs
- Perform basic volume calculations
- Perform basic CFM (cubic feet per minute) calculations to determine the size or how many portable air scrubbers will be needed to finish the construction project
- List the different components of a portable air scrubber

**<u>Length of Course</u>** 16 Hours

**Training Materials** Manuals/Workbooks

Infection Control During Hospital Renovation

**Prerequisites:** Infection Control During Hospital Renovation and Construction Awareness

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful course completion.

#### LEAD ABATEMENT WORKER

<u>Objective</u> The Lead Abatement Worker course provides trainees with information on lead abatement methods for safely removing lead from materials and safely handling lead-contaminated materials. Currently, there are three worker courses offered. Each course has a different course schedule, but uses the same basic curriculum.

**Topics Covered** Lead and Its Uses

Regulations and Workers Legal Rights

Health Effects of Lead

Personal Protective Equipment

Work Practices, Abatement Methods, and Disposal Procedures

Hazard Communication Regulation Inspection Reports

**Length of Course** 40 Hours - Lead Abatement Worker for Residential/ HUD Housing

32 Hours - Lead Abatement Worker for Steel Structures 40 Hours - Lead Abatement Worker for Residential/ HUD Housing and Steel Structures

**Training Materials** Manuals/Workbooks

Lead Abatement Worker Manual

Slides

Lead Abatement

**Videos** 

A Breath of Air; Getting the Lead Out; Heat Stress;

Lead Hazard Training for Ironworkers; Medical Surveillance; Safe Practices in Lead Abatement; Understanding Labels; Understanding Material Safety Data Sheets

**Certificate of Completion** 

The trainee will receive a certificate of completion upon successful course completion. Many states and EPA regions require training, testing, and licensing in order to work with lead.

#### LEAD ABATEMENT WORKER REFRESHER

Objective The Lead Abatement Worker Refresher course reviews information provided in the

Lead Abatement Worker course.

**Topics Covered** Lead and Its Uses

Regulations and Workers Legal Rights

Health Effects of Lead

Personal Protective Equipment

Work Practices, Abatement Methods, and Disposal Procedures

**Inspector and Inspection Reports** 

**<u>Length of Course</u>** 8 Hours

**Training Materials** Manuals/Workbooks

Lead Abatement Worker Refresher Manual

**Videos** 

A Breath of Air Getting the Lead Out

**Heat Stress** 

Lead Hazard Training for Ironworkers

Medical Surveillance

Safe Practices in Lead Abatement

**Certificate of Completion** The tr

The trainee will receive a certificate of completion upon successful course completion. Many states and EPA regions require training, testing, and licensing in order to work with lead.

#### **LEAD ABATEMENT SUPERVISOR**

<u>Objective</u> The **Lead Abatement Supervisor** course builds on the information provided in the *Lead Abatement Worker* course and provides abatement supervisors with information on their responsibilities during abatement projects.

**Topics Covered** Leadership Techniques

**Project Documentation** 

Air Monitoring

Insurance and Liability

Inspections

**Length of Course** 40 Hours

**Training Materials** Manuals/Workbooks

Lead Abatement Supervisor Manual

Lead Abatement Supervisor Instructor Manual

**Videos** 

A Breath of Air

Getting the Lead Out

**Heat Stress** 

Lead Hazard Training for Ironworkers

Medical Surveillance

Safe Practices in Lead Abatement

**Understanding Labels** 

Understanding Material Safety Data Sheets

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

course completion. Many states and EPA regions require training,

testing, and licensing in order to work with lead.

<u>Objective</u> The Lead Abatement Supervisor Refresher course reviews the information provided in the 40-hour *Lead Abatement Supervisor* course.

**Topics Covered** Health Effects

Regulations

Personal Protective Equipment

Work Practices, Abatement Methods, and Disposal Procedures

Leadership Techniques Project Documentation

Air Monitoring Inspections

Insurance and Liability

**Length of Course** 8 Hours

**Training Materials** Manuals/Workbooks

Lead Abatement Supervisor Refresher Manual

**Videos** 

A Breath of Air Getting the Lead Out

**Heat Stress** 

Lead Hazard Training for Ironworkers

Medical Surveillance

Safe Practices in Lead Abatement

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

course completion. Many states and EPA regions require training,

testing, and licensing in order to work with lead.

#### **LEAD AND SILICA IN BRIDGES**

<u>Objective</u> The Lead and Silica in Bridges course provides trainees with information necessary to perform work activities safely on jobs involving lead and silica exposure. The course is divided into two major areas (lead and silica), which may be presented together or separately as either an 8-hour lead or an 8-hour silica awareness course.

**NOTE**: If the course is presented solely as a lead awareness course, it does not comply with the EPA's training requirements for lead abatement training for target housing or child-occupied facilities. In order to work on residential lead abatement projects, trainees must undergo training by an approved lead abatement training provider certified by the EPA or proper state authority.

**Topics Covered** History of Lead and Its Uses

Health Effects of Lead OSHA Lead Regulations

Personal Protective Equipment

Abatement Methods on Steel Structures

Silica and Its Uses Health Effects of Silica Medical Surveillance

OSHA Special Emphasis Program for Silica

Silica Control Measures

**Length of Course** 16 Hours or 8 Hours. See **NOTE** above.

**Training Materials** Manuals/Workbooks

Lead and Silica

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

course completion. Many states and EPA regions require training, testing, and licensing in order to work with lead. See **NOTE** above.

#### **LEAD AWARENESS**

**Objective** The **Lead Awareness** program provides information to CCLs regarding the hazards associated with work activities such as demolition or oxy-acetylene torch cutting of lead paint coated steel on construction projects.

**NOTE**: If the course is presented solely as a lead awareness course, it does not comply with the EPA's training requirements for lead abatement training for target housing or child-occupied facilities. In order to work on residential lead abatement projects, trainees must undergo training by an approved lead abatement training provider certified by the EPA or proper state authority.

**Topics Covered** History of Lead and Its Uses

Health Hazards of Lead Abatement

Lead Regulations

Personal Protective Equipment for Lead

Lead Abatement Methods on Steel Structures

Lead in Construction: Medical Surveillance

Lead in Construction – Safe Work Practices in Lead Abatement

**Length of Course** 4 Hours. See **NOTE** above.

**Training Materials** Manuals/Workbooks

Lead Awareness

**Certificate of Completion** The trainee will receive a certificate of completion upon successful

> course completion. Many states and EPA regions require training, testing, and licensing in order to work with lead. See **NOTE** above.

#### **MICROBIAL REMEDIATION**

<u>Objective</u> The **Microbial Remediation** program instructs CCLs on the health hazards, personal protective equipment requirements, and remediation processes and techniques associated with the removal of mold as well as other microbial contamination.

**Topics Covered:** Indoor Air Pollution and Sick Building Syndrome

PPE for Microbial Remediation and Anthrax

Work Area Preparation and Remediation Techniques

Decontamination for Microbial Remediation

<u>Length of Course</u> 8 or 40 hours. The class is 40 hours if done as a standalone class or it is 8 hours if done in combination with Lead Worker or Asbestos Worker.

**Training Materials** Manuals/Workbooks

Microbial Remediation

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

#### **SILICA AWARENESS**

<u>Objective</u> The **Silica Awareness** program provides information to CCLs regarding the hazards associated with work activities such as concrete sawing or stone cutting of materials, which contain silica.

**Topics Covered:** Silica and Its Uses

Health Effects of Silica

Medical Surveillance

OSHA Special Emphasis Program

Silica Control Measures

**Length of Course** 4 Hours

**Training Materials** Manuals/Workbooks

Silica Awareness

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

#### SAFETY TRAINING PROGRAMS

#### **CONFINED SPACE AWARENESS**

<u>Objective</u> The Confined Space Awareness course is a condensed version of the 24 Hour Permit-Required Confined Space course. This course is designed for CCLs who do not work in confined spaces but whose jobs brings them in contact with confined spaces.

**Topics Covered** Characteristics of Confined Spaces and Permit-Required Confined Spaces.

Hazardous Atmospheres

**Pre-Entry Testing** 

Periodic and Continuous Testing Controlling Atmospheric Hazards

Physical Hazards

Permit-Required Confined Space Entry Program

Confined Space Entry team

**Length of Course** 8 Hours

**Training Materials** Manuals/Workbooks

Confined Space Awareness Manual

Videos

Confined Space Disaster

Heat Stress

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon successful course completion.

#### PERMIT-REQUIRED CONFINED SPACE

<u>Objective</u> The **Permit-Required Confined Space** course introduces trainees to characteristics of confined spaces, specially permit-required confined spaces, and methods of protecting themselves from hazards associated with confined space operations. OSHA Confined Space Entry Standard 29 CFR 1910.146 is included.

**Topics Covered** Types of Permit-Required Confined Space

Hazard Recognition Entry Program

Atmospheric Testing

Controlling Atmospheric Hazards

**Isolation** 

Personal Protective Equipment

**<u>Length of Course</u>** 20 Hours

**Training Materials** Manuals/Workbooks/Equipment

Permit-Required Confined Space Worker Manual

Air monitoring Equipment Ventilation Equipment

Supplied Air and Rescue Equipment

Videos



Confined Space Disaster Heat Stress

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon successful course completion.





#### **FIRE WATCH**

<u>Objective</u> The **Fire Watch** course teaches the basic principles a fire watch worker must know to work safely around different kinds of fire. The variety of types of watches are also discussed.

**Topics Covered** Types of Fires

Types of Extinguishers Types of Watches

**<u>Length of Course</u>** 4 Hours

**Training Materials** Manuals/Workbooks/Equipment

Fire watch Worker Manual

Fire Extinguishers

**Videos** 

**Cutting and Burning Torches** 

<u>Certificate of Completion</u> The trainee will receive a certificate and wallet card of completion upon

successful course completion.

#### National Safety Council Standard First Aid & CPR

<u>Objective</u> The National Safety Council **Standard First Aid & CPR** course provides the basic life-saving skills for an emergency. Trainees will learn the skills needed to sustain life threatening injuries until professional help arrives

**Topics Covered** Acting in an emergency Preventing disease transmission

Checking the victim Basic life support

Recovery position Choking

Heart attack and chest pain Bleeding and wound care

Shock Burns

Serious injuries Bone, joint and muscle injuries

Sudden illness Allergic reactions

Poisoning Cold and heat emergencies

Rescuing and moving victims

**<u>Length of Course</u>** 8 Hours (Standard First Aid & CPR)

4 Hours (CPR)

4 Hours (First Aid)

**Training Materials** Manuals/Workbooks

National Safety Council Standard First Aid & CPR

**Videos** 

National Safety Council Standard First Aid & CPR DVD

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful course completion.

#### **HEARING PROTECTION**

Objective The Hearing Protection course instructs trainees in ways to protect themselves from loud and unnecessary noise on the job. They learn how noise is measured and the different types of noises. Health and safety issues are covered, with emphasis on monitoring noise levels and exposure limits. Hearing conservation is discussed in detail, including audiometric testing, recordkeeping, and controlling noise exposure

**Topics Covered** Introduction to Noise

Health and Safety

**Hearing Conservation Program** 

Regulations

**Length of Course** 4 Hours

**Training Materials** Manuals/Workbooks

Hearing Protection Manual

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful course completion.

#### **HAZARD COMMUNICTAION**

Objective The Hazard Communication program introduces CCLs to the Occupational Safety and exposure to hazardous substances, including identifying chemical hazards and the proper use of container labels, placards, and material safety data sheets. Exposure to hazardous substances, including identifying chemical hazards and the proper use of container labels, placards, and material safety data sheets.

**Topics Covered** Hazard Communication Standards

Material Safety Data Sheets (MSDS)

Chemical Labels and Lists

Chemicals in Construction

**Length of Course** 4 Hours

**Training Materials** Manuals/Workbooks

Hazard Communication Manual

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

course completion.

### **OSHA Construction Safety and Health**

<u>Objective</u> The 10- or 30- module **OSHA Construction Safety and Health** course provides trainees with information on the contents of the OSHA 1926 Code of Federal Regulation standards to fulfill OSHA's training requirements. The course is presented by instructors who have completed the OSHA 500 training recognized by the OSHA Training Institute. Some of the topics offered are optional; others are mandatory. Trainees learn about the standards that should be adhered to on construction sites and the issues in creating a safe and healthy work environment.

**Topics Covered** Introduction to OSHA

**OSHA** Inspection Procedures

General Safety and Health Provisions

**Confined Spaces** 

Occupational and Health and Environmental Controls

Personal Protective Equipment

Fire Protection, Material Handling and Cranes

Hand and Power Tools Welding and Cutting

Electrical, Scaffolds, Walking and Working Surfaces Motor Vehicles, Excavations, Concrete and Masonry

Ladders and Stairways

**<u>Length of Course</u>** 10 Hour minimum, could be more

or 30 Hour minimum, could be more

**Training Materials** Manuals/Workbooks

OSHA Construction Safety and Health Worker Manual

**Videos** 

Avoid the Heat: Fire Prevention in Construction

Clearing the Air: Confined Space Entry

Heightened Awareness Success at the Top

Take Control: Lock-out / Tag-out

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

course completion and a Construction Safety and Health Certificate from

the U.S. DOL OSHA.

#### RESPIRATORY PROTECTION

<u>Objective</u> The **Respiratory Protection** course instructs trainees in the correct use of the respirators when there may be hazardous substances present. They will learn exposure guides, the different kinds of respirators and their proper use, and respirator program requirements.

**Topics Covered** Hazard Recognition and Health Effects

Respirators

Respirator Program Requirements Standard Operating Procedures

Regulations

**Length of Course** 4 Hours

**Training Materials** Manuals/Workbooks

Respiratory Protection Manual

Certificate of Completion The trainee will receive a certificate of completion upon successful

#### **ROADWAY SAFETY AWARENESS**

<u>Objective</u> The **Roadway Safety Awareness** program covers the common hazards on highway and road construction and maintenance projects. The materials used in conjunction with the Roadway Safety + CD may be presented as individual safety talks or as an awareness program. The program is not a substitute for an OSHA 10-hour course or more in-depth training. This program is intended as a review of specific safety and health related topics.

**Topics Covered** Electrical Hazards

Fall Hazards

Flagger Safety

Health Hazards

Night Work

Noise Hazards

Operator Safety

Working Outdoors

Runovers and Backovers

Struck and Crushed by Incidents

Trenching

**Emergencies** 

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

#### **SUPERVISOR TARINING PROGRAMS**

#### **FOREMAN PREPAREDNESS**

<u>Objective</u> The **Foreman Preparedness** course provides the prospective foreman with techniques associated with leadership in the construction industry.

**Topics Covered** Communication

Construction Math

Project Organization and Documentation

Health and Safety Recognition

Dealing with People Problem Solving

**<u>Length of Course</u>** 40 Hours

**Training Materials** Manuals/Workbooks

Foreman Preparedness Supervisor Manual Hazard Communication Worker Manual Hazard Communication Workbook

Slides

**Hazard Communication** 

**Videos** 

Dealing with People

Material Safety Data Sheets in Review

**Understanding Labels** 

Understanding Material Safety Data Sheets

<u>Certificate of Completion</u> The trainee will receive a certificate of completion upon successful

#### **COMMUNICATION FOR SUPERVISORS**

The **Communication for Supervisors** program introduces the critical skills a CCL must have in order to effectively communicate as a supervisor on construction projects. Participants receive instruction on the elements of listening and finding meaning in non-verbal communication; running meetings; giving and receiving feedback; writing letters and memos, and developing informational and analytical reports.

#### Specific topics covered in this program include:

- Listening Skills for Supervisors
- · Speaking Skills for Supervisors
- Writing Skills for Supervisors

#### **COMPUTER SKILLS FOR CONSTRUCTION SUPERVISORS**

The Computer Skills for Construction Supervisors program is an introduction to the most popular software included in the Microsoft Office 2000 suite and incorporates the Illustrated Introductory Edition text from Thompson Learning. This is an excellent resource for participants to work on their own or as part of formal classroom instruction. The program offers basic skills as well as troubleshooting for an operating system, web browser, word processing, spreadsheet, database, and email program.

#### Specific topics covered in this program include:

- Windows 98/2000
- Internet Explorer 5
- Word 2000
- Excel 2000
- Access 2000
- Outlook 2000

#### INTRODUCTION TO CONSTRUCTION SUPERVISION

The Introduction to Construction Supervision program examines the general duties and responsibilities of the project supervisor. CCLs are instructed on the different roles construction supervisors play on projects, including pre-job responsibilities, their role in managing the project, and general responsibilities for ensuring that the project is completed safely, on time, and within budget. In addition the program covers the interpersonal skills successful supervisors must possess in order to serve as effective leaders.

#### Specific topics covered in this program include:

- Responsibilities of the Construction Supervisor
- Managing the Project
- General Responsibilities

### **INTRODUCTION TO PROJECT ESTIMATING**

The Introduction to Project Estimating program introduces CCLs to the process of estimating construction projects. An overview of estimating the amount and costs of materials and labor, the type and cost of equipment, markup and project overhead, and the bidding process is provided. The program explores the steps a project supervisor must take on a daily basis to ensure that resources such as materials, equipment, and manpower are in place and available when needed.

#### Specific topics covered in this program include:

- Introduction to Project Estimating
- Quantity Take-offs and Material Pricing
- Labor and Equipment Costs

#### PROBLEM SOLVING FOR CONSTRUCTION SUPERVISORS

The Problem Solving for Construction Supervisors program explores the conscious and less conscious strategies successful construction supervisors use for dealing with problems and

issues on the job site. This program is designed specifically for making those problem-solving strategies more efficient by addressing how to manage, resolve, and use conflict constructively. Participants practice using real life situations for developing motivational methods and avoiding sexual harassment issues on the job site. The goal is to incorporate these skills for becoming part of the solution in the workplace.

#### Specific topics covered in this program include:

- Problem Solving and Decision Making Process
- · Dealing with Conflict
- Motivation Methods
- Valuing Diversity and Avoiding Discrimination
- Avoiding Sexual Harassment: Becoming Part of the Solution

### PROJECT PLANNING AND MANAGEMENT FOR CONSTRUCTION SUPERVISORS

The Project Planning and Management for Construction Supervisors program guides CCLs through the process of pre-job planning, project scheduling, and project procurement. In order to manage a construction project properly and efficiently, Construction Supervisors must be knowledgeable in project analysis, site planning, creating schedules (including bar charts and CPM), purchase orders, and cost reports. This program incorporates resources and documentation related to project planning, scheduling, and procurement, and resource management in order to foster, practice and develop project planning and managerial skills.

#### Specific topics covered in this program include:

- Project Planning
- Project Scheduling
- Project Procurement and Management

#### RECORD KEEPING AND DOCUMENTATION

The Recordkeeping and Documentation program addresses the need for developing and maintaining records and documents for construction projects. Using various examples of forms and documents this program guides future Construction Supervisors in running a successful project in both a financially sound and law abiding manner. Participants receive instruction in daily reporting requirements, developing material lists and schedules, processing time cards, and meeting OSHA recordkeeping requirements.

#### Specific topics covered in this program include:

- Common Construction Forms
- General Office Forms
- OSHA Record Keeping

#### SAFETY AND HEALTH FOR CONSTRUCTION SUPERVISORS

The Safety and Health for Construction Supervisors program introduces and overviews the safety and health issues that go hand-in-hand with bringing a construction project to completion on time and under budget. The program focuses on the main causes of fatalities in construction and how a supervisor can be both proactive and reactive with respect to safety. Planning safety into the job, OSHA issues for supervisors, and communicating safety are also covered.

#### Specific topics covered in this program include:

- Safety Skills for Supervisors
- · Integrating Safety and Health
- OSHA
- · Communicating Safety and Health

### C.I.L.T.F. CLASSES THAT REQUIRE REFRESHERS:

Class	Refresher
1. National Safety Council First Aid	every 3 years
2. National Safety Council C.P.R.	every 2 years
3. Rough Terrain Forklift	every 3 years
4. Asbestos Worker	annually
5. Asbestos Supervisor	annually
6. Lead Abatement Worker	Training – annually, License – 2 years
7. Lead Abatement Supervisor	Training – annually, License – 2 years
8. Traffic Control Technician	every 3 years
9. Hazardous Waste Worker	annually
10. Hazardous Waste Supervisor	annually
11. Hazardous Waste Limited Access	annually

### **Apprenticeship Program**

### <u>REQUIRED APPRENTICE TRAINING</u> - (a minimum 480 classroom hrs. & a total of 12 Union Meetings)

CLASS	LENGTH (Hours)
Apprentice Orientation	8 Hours
2. OSHA	10 Hours
3. CPR/First Aid	8 Hours
4. Standard Measuring & Squaring	12 Hours
5. Construction Math	40 Hours
6. Environmental Course, (Asbestos, Lead, Mold, or Hazardous Waste	32 Hours
7. Mason Tending	40 Hours
8. Pipe Laying, Line & Grade, or Total Stations/GPS	80 Hours
9. General Construction	40 Hours
10. Blue Print Reading	40 Hours
11. Concrete Placement	80 Hours
12. Cutting & Burning	16 Hours
13. Hazard Communication	4 Hours
14. Union Meetings	12 Hours

= 422 hrs, the other 68 hrs are selected from optional classes.

### CILTF delivers the Apprentice classes in the following format.

_	Class	Hours
1.	Craft Orientation  -Apprentice Orientation  -OSHA  -CPR/First Aid  -Standard Squaring& Measuring	40 hours
2.	General Construction  -Hearing Protection  -Material ID  -Hand & Power Tools  -Soil Compaction  -Hand Signaling  - Traffic Control Technician	40 hours
3.	Torch Cutting & Sand Blasting  -Lead, Asbestos, Silica Awareness  -Sand Blasting  -Confine Space Awareness  -Fire Watch  -Torch Cutting	40 hours
4.	Construction Math & Instruments	40 hours
5.	Mason Tending or Scaffold Builder	40 hours

6. Pipe Laying w/Laser	.40 hours
7. Grade Checking	.40 Hours
8. Environmental	.40 hours
9. Concrete Forming	.40 hours
10. Concrete Placement & Finishing	.40 Hours
11. Blue Print Reading	.40 Hours
12. Optional Class	.40 Hours
13. Union Meetings	.12 Hours**

<sup>\*\*1-</sup> Union Meeting counts as 1 – Hour of Training

#### LOCAL 663 & 1290 HEAVY & HIGHWAY

#### ALL NEW APPRENTICES MUST HAVE:

- High School Diploma or GED or Transcript Showing 12th Grade Completion.
- Social Security Card
- Birth Certificate
- and if a Veteran their DD 214.

New Apprentices will not be accepted until they provide these items.

The following is the wage rates for an Apprentice in the following counties, under the *Heavy Highway Agreement*: Jackson, Clay, Platte, Cass, Ray, Wyandotte, Johnson, Leavenworth & Miami counties.

General Laborer Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0-960	0-96	0	50%
961-1920	97-192	2	60%
1921-2880	193-288	4	70%
2881-3840	289-384	6	80%
3841-4800	385-480	8	90%

Skilled/Specialist Laborer Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0-960	0-96	0	50%
961-1920	97-192	2	60%
1921-2880	193-288	4	70%
2881-3840	289-384	6	80%
3841-4800	385-480	8	90%
Over 4800	Over 480	12	100%

### **LOCAL 663 HEAVY & HIGHWAY AGREEMENT**

The following is the wage rates for an Apprentice in the following counties, under the *AGC Agreement*: *W-I Lafayette county*.

General Laborer Wage Rate Effective May 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%

3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

Skilled/Specialist Laborer Wage Rate Effective May 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 - 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

### **LOCAL 663 & 319 AGC AGREEMENT**

The following is the wage rates for an Apprentice in the following counties, under the *AGC Agreement*: W-II, Barry, Barton, Bates, Camden, Carroll, Cedar, Christian, Dade, Dallas, Douglas, Greene, Henry, Jasper, Johnson, Laclede, McDonald, Morgan, Newton, Ozark, Pettis, Polk, St. Clair, Saline, Stone, Taney, Vernon, Webster, & Wright counties.

General Laborer Wage Rate Effective May 1, 2011

OJT	Class Hours	<b>Union Mtgs</b>	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

Skilled/Specialist Laborer Wage Rate Effective May 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

### LOCAL 663 BUILDING OUTSTATE AGREEMENT

The following is the wage rates for an Apprentice in the following counties, under the AGC Agreement: Barton, Bates, Benton, Camden, Cedar, Henry, Hickory, Johnson, Morgan, Pettis, & Vernon, counties.

General Laborer Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

1st Semi Skilled Laborer Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

### LOCAL 663 BUILDING AGREEMENT

The following is the wage rates for an Apprentice in the following counties, under the *AGC Agreement*: *Barry, Christian, Dade, Dallas, Douglas, Greene, Laclede, Lawrence, Ozark, Polk, St. Clair, Stone, Taney, Webster, & Wright counties*.

General Laborer Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

Plumber Helper Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%

1921 – 2880	193 – 288	3	70%
2881 – 3840	289 - 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

Semi Skilled Laborer Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

Concrete Specialist Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

### LOCAL 663 BUILDING AGREEMENT con't

The following is the wage rates for an Apprentice in the following counties, under the *AGC Agreement*: *Barry, Christian, Dade, Dallas, Douglas, Greene, Laclede, Lawrence, Ozark, Polk, St. Clair, Stone, Taney, Webster, & Wright counties*.

Asbestos/Lead Abatement Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

#### Powder Man Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 - 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

#### LOCAL 663 MASONRY AGREEMENT

The following is the wage rates for an Apprentice in the following counties, under the *AGC Agreement*: *Barry, Christian, Dade, Dallas, Douglas, Greene, Laclede, Lawrence, Ozark, Polk, St. Clair, Stone, Taney, Webster, & Wright counties*.

General Laborer Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

Mason Tender Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 – 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%
3840 – 4800	385 – 480	9	90%
Over 4800	Over 480	12	100%

Certified Mason Tender Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 1920	0 - 192	0	60%
1921 – 2880	193 – 288	3	70%
2881 – 3840	289 – 384	6	80%

3840 - 4800	385 - 480	9	90%
Over 4800	Over 480	12	100%

### LOCAL 264 & 1290 Building Agreement

The following is the wage rates for an Apprentice in the following counties, under the *AGC Agreement*: Cass, Clay, Jackson & Platte, Wyandotte, & Johnson counties.

General Laborer Wage Rate Effective April 1, 2011

OJT	Class Hours	<b>Union Mtgs</b>	Rate
0-960	0-96	0	50%
961-1920	97-192	2	60%
1921-2880	193-288	4	70%
2881-3840	289-384	6	80%
3841-4800	385-480	8	90%
Over 4800	Over 480	12	100%

Semi-Skilled Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0-960	0-96	0	50%
961-1920	97-192	2	60%
1921-2880	193-288	4	70%
2881-3840	289-384	6	80%

3841-4800	385-480	8	90%
Over 4800	Over 480	12	100%

Skilled/Specialist Wage Rate Effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0-960	0-96	0	50%
961-1920	97-192	2	60%
1921-2880	193-288	4	70%
2881-3840	289-384	6	80%
3841-4800	385-480	8	90%
Over 4800	Over 480	12	100%

#### **LOCAL 319 BUILDING AGREEMENT**

The following is the wage rates for an Apprentice in the following counties, under the *AGC Agreement*: *Jasper*; *McDonald*, & *Newton counties*.

General Laborer Wage Rate Effective May 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 2400	0 - 240	6	80%
2401 – 4800	240-480	6	90%
Over 4800	Over 480	12	100%

Mason Tender Wage Rate Effective May 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 2400	0 - 240	6	80%
2400-4800	241 - 480	6	90%
Over 4800	Over 480	12	100%

Certified Mason Tender Wage Rate Effective May 1, 2011

OJT	Class Hours	<b>Union Mtgs</b>	Rate
0 - 2400	0 - 160	4	80%
3840 – 4800	161 – 320	8	90%
Over 4800	321 - 480	12	100%

### **LOCAL 1290 OUTSTATE HEAVY AGREEMENT**

The following is the wage rates for an Apprentice in the following counties, under the *Outstate Heavy Agreement*: Kansas Counties: Allen, Anderson, Barber, Barton, Bourbon, Butler, Cheyenne,

chase, Chautauqua, Cherokee, Clark, Clay, Cloud, Coffey, Comanche, Cowley, Crawford, Decatur, Dickinson, Edwards, Elk, Ellis, Ellsworth, Finney, Ford, Franklin, Geary, Gove, Graham, Grant, Gray, Greenwood, Greeley, Hamilton, Harper, Harvey, Haskell, Hodgeman, Jackson, Jefferson, Jewell, Kearny, Kingman, Kiowa, Labette, lane, Lincoln, Linn, Logan, Lyon, Marion, Marshall, McPherson, Meade, Mitchell, Montgomery, Morris, Morton, Norton, Neosho, Ness, Osage, Osborne, Ottawa, Pawnee, Phillips, Pottawatomie, Pratt, Rawlins, Reno, Republic, Rice, Riley, Rooks, Rush, Russell, Saline, Scott, Sedgwick, Seward, Sheridan, Sherman, Smith, Stafford, Summer, Stanton, Stevens, Thomas Wabaunsee Wallace, Washington, Wilson, Wichita, Woodson

#### General Laborer effective April 1, 2011

OJT	Class Hours	Union Mtgs	Rate
0 - 2400	0 – 160	4	80%
3840 – 4800	161 – 320	8	90%
Over 4800	321 - 480	12	100%

#### Skilled Laborer -

OJT	Class Hours	Union Mtgs	Rate
0 - 2400	0 – 160	4	80%
3840 – 4800	161 – 320	8	90%
Over 4800	321 - 480	12	100%

### **LOCAL 1290 OUTSTATE HEAVY AGREEMENT**

Effective April 1, 2011

Kansas Counties: Douglas & Shawnee

#### **General Laborer**

OJT	Class Hours	Union Mtgs	Rate
0 - 2400	0 – 160	4	80%
3840 – 4800	161 – 320	8	90%
Over 4800	321 - 480	12	100%

#### Skilled Laborer -

OJT	Class Hours	Union Mtgs	Rate
0 - 2400	0 – 160	4	80%
3840 – 4800	161 – 320	8	90%
Over 4800	321 - 480	12	100%

### MANHATTAN AGREEMENT LOCAL 1290 POWERPLANT RATES

#### **EFFECTIVE 4/1/2011**

KANSAS COUNTIES: Riley, Geary, Pottawatomie, Washington, Marshall, Morris, Clay, Cheyenne, Sherman, Wallace. Logan, Thomas, Rawlins, Decatur, Sheridan, Gove, Trego, Graham, Norton, Phillips, Rook, Ellis, Russell, Osborne, Smith, Jewell, Mitchell, Lincoln, Ellsworth, Saline, Ottawa, Cloud, Republic, Dickenson

#### CLASS I

OJT	Class Hours	Union Mtgs	Rate
0 - 2400	0 – 160	4	80%
3840 – 4800	161 – 320	8	90%
Over 4800	321 - 480	12	100%

### MANHATTAN AGREEMENT LOCAL 1290 GENERAL BUILDING RATES

#### **EFFECTIVE 4/1/2011**

KANSAS COUNTIES: Riley, Geary, Pottawatomie, Washington, Marshall, Morris, Clay, Cheyenne, Sherman, Wallace. Logan, Thomas, Rawlins, Decatur, Sheridan, Gove, Trego, Graham, Norton, Phillips, Rook, Ellis, Russell, Osborne, Smith, Jewell, Mitchell, Lincoln, Ellsworth, Saline, Ottawa, Cloud, Republic, Dickenson

#### CLASS 2

OJT	Class Hours	Union Mtgs	Rate
0 - 2400	0 – 160	4	80%
3840 – 4800	161 – 320	8	90%
Over 4800	321 - 480	12	100%